

## NEWS COVERAGE

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### First International Congress on menopause in India

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The International Menopause Society (IMS) in association with the Indian Menopause Society held the first ever international congress on menopause in India here.

Speaking at the event, Gynaecologist and fertility expert Dr Duru Shah, Organising President of the Congress and member of the Board of IMS highlighted some of the key points and raised issues that contribute to affecting the health of Indian women.

'In India, with an increasing number of women getting married at a much later stage their lives and postponing childbearing, the midlife health of women in our country especially women between the ages of 50-60 face this threat. The main objective of the Congress is to update gynecologists in India who are primary care physicians for women on preventive healthcare and early detection of women's health issues,' she said.

Dr Tobie Johannes de Villiers, President, IMS highlighted the Global Perspective of midlife health and said 'IMS has been dedicated to guiding women and healthcare providers and the media through the journey of menopause. IMS is proud to work with the Indian Menopause Society, in a joint collaboration, to create this inaugural regional meeting, which we hope will meet the needs of the local physicians and patients alike.'

Chief guest at the session, Tina Ambani, Chairman of the Harmony Foundation, inaugurated the 3-day Congress and released a specially produced IMS- 'The IMS Mantra'. UNI JF AW1532 NNNN

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