

NEWS COVERAGE

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Three-day conference to discuss women's health

By A Staff Reporter

The inauguration of the International Congress - Challenges in Women's Health - New Dimensions in the 21st Century was held on Friday (December 6) in Mumbai with an objective to highlight and discuss the midlife health of women in India and to update gynaecologists on preventive healthcare and early detection of women's health issues that range from fertility, cancer, dementia, osteoporosis, cardiovascular disease to Alzheimer's. This three-day Congress hosted by the International Menopause Society in association with the Indian Menopause Society will see the presence of eight well-known international speakers who will talk about the various health issues that women face.

Speaking about the challenges in women's health in India, Dr. Duru Shah, a gynaecologist and fertility expert and also the organising president of the congress and member of the Board of the International Menopause Society, said, "Clinical practice in women's health was based on the clinical experience of our peers and teachers. Today it is based on evidence accumulated from very diligent and precise research. During this meeting, we propose to review the evidence which will lead to best practices, debate the use of various therapies, learn from the experience of colleagues and imbibe the evidence and latest research, towards a better quality of life for women in India".

Dr. Jyothi Unni, President, The Indian Menopause Society said, "Emerging data for prevention and management of several aspects of health of the mature woman make it important for us to stay abreast, to enable us to give women the most appropriate care".

Some of the issues that will be discussed during the course of this three-day conference are: Breast Disease and the Gynaecologist, Sexuality at Midlife - Does Anyone Discuss It?, Early Detection of Genital Cancer - Cutting Edge Technology, Urogenital Aging - A Social Problem, Bone Health - For Quality Life, Fertility at Midlife - The Need of the New Generation.